



Pigmentation - Face

Juniper Australia recommends the following routine to get the best results for your skin type.

Morning

- Cleanse **once**, using **Nourishing Cream Cleanser**.
- Tone **twice**, using **Rose-Otto Hydrating Mist** as per instructions on the bottle. Please note that it is very important to tone twice as this will assist in refining the pores and balancing the skins natural pH.
- Apply **Scar Treatment Serum**. It is important that you wear sun protection whilst you are using this treatment.
- Apply **Moisture Rich Hydrating Cream** as per instructions on the bottle
- Apply **Revitalising Eye Cream** as per instructions on the bottle
- Apply **Antioxidant Skin Firming Serum** by patting on the skin and leave for a few minutes before applying any sunscreen or makeup. The Antioxidant Firming Serum can be applied after make-up to hold make-up in place. It can also be re-applied through the day to smooth fine lines and wrinkles.

Evening

- Pre cleanse with the **Calming Makeup Remover**. This will remove all makeup and sunscreen.
- Cleanse **once**, using **Nourishing Cream Cleanser** as per instructions on the bottle
- Tone **twice**, using **Rose-Otto Hydrating Mist** as per instructions on the bottle. Please note that it is very important to tone twice as this will assist in refining the pores and balancing the skins natural pH.
- Apply **Scar Treatment Serum** as per instructions on the bottle.
- Apply **Revitalising Eye Cream** as per instructions on the bottle.
- Apply **Antioxidant Skin Firming Serum**.

- In addition to the skincare routine above, we would like you to exfoliate using the **Regenerative Exfoliant**, initially for three days in a row then every third day after that for one month. Break for 2 weeks of exfoliation then re-commence exfoliation for three days in a row then every third day for a month. It does not matter whether you exfoliate in the morning or evening but you should cleanse before you exfoliate then follow the instruction on the bottle.
- Apply the **Renewal Clay Mask** once a week to replenish moisture and brighten the complexion leaving your skin deeply hydrated.