



Dry Skin/Anti Ageing Routine

Juniper Australia recommends the following routine to get the best results for your skin type.

Morning

- Cleanse **once**, using **Nourishing Cream Cleanser** as per instructions on the bottle
- Tone **twice**, using **Rose-Otto Hydrating Toner** as per instructions on the bottle. Please note that it is very important to tone twice as this will assist in refining the pores and balancing the skin's natural pH.
- Apply **Pure Rejuvenation Oil** as per instructions on the bottle
- Apply **Moisture Rich Hydrating Cream** as per instructions on the bottle
- Apply **Revitalising Eye Cream** as per instructions on the bottle
- Apply **Skin Firming Serum** by patting on the skin and leave for a few minutes before applying any sunscreen or makeup. The serum acts as a barrier and prevents the absorption of makeup into open pores. Skin Firming Serum can be applied after make-up to hold make-up in place. It can also be re-applied through the day to smooth lines and wrinkles.

Evening

- Cleanse **twice**, using **Nourishing Cream Cleanser** as per instructions on the bottle
- Tone **twice**, using **Rose-Otto Hydrating Toner** as per instructions on the bottle. Please note that it is very important to tone twice as this will assist in refining the pores and balancing the skin's natural pH.
- Apply **Pure Rejuvenation Oil** as per instructions on the bottle
DO NOT APPLY A MOISTURISER OF AN NIGHT as the skin will be nourished by the rejuvenation oil and the body's natural ability to repair itself during sleep.
- Apply **Revitalising Eye Cream** as per instructions on the bottle

- In addition to the skincare routine below, we would like you to exfoliate using Regenerative Exfoliant, initially for three days in a row then every second day after that. It does not matter whether you exfoliate in the morning or evening but it is best done in the shower. You should cleanse before you exfoliate then follow the instruction on the bottle.

- Renewal Clay Mask used once a week will replenish moisture and brighten the complexion and leave your skin deeply hydrated.

Enjoy your products!