

Peri Oral Dermatitis Routine

Below is a treatment plan for Peri Oral Dermatitis. This treatment plan is best followed as stated to get the best results.

Morning

Cleanse, using **Sensitive Cleansing Lotion** as per instructions on the bottle. This will gently cleanse and calm your skin, leaving it hydrated.

Tone, using **Calming Rose-Otto Toner** as per instructions on the bottle.

Apply **Pure Rejuvenation Oil** to the areas that are irritated. This high oleic oil is rich in Vitamins A,B, E and will normalise the essential fatty acid imbalances and reduces symptoms of eczema and dermatitis. It is infused with Australian Sandalwood which is a antipruritic (relieves the sensation of itching and prevents its occurrence) Carrot Seed which has strong detoxifying properties and assists the skin to heal and regenerate the cells.

Apply **Sensitive Moisturising Lotion to Calm, heal and protect the skin.**

Evening

Cleanse, using Sensitive Cleansing Lotion as per instructions on the bottle. This will gently cleanse and calm your skin, leaving it hydrated.

Tone, using Calming Rose-Otto Toner as per instructions on the bottle.

Apply Pure Rejuvenation Oil to the areas that are irritated. This high oleic oil is rich in Vitamins A,B, E and will normalise the essential fatty acid imbalances and reduces symptoms of eczema and dermatitis. It is infused with Australian Sandalwood which is a antipruritic (relieves the sensation of itching and prevents its occurrence) Carrot Seed which has strong detoxifying properties and assists the skin to heal and regenerate the cells.

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