



## **Skin Routine For Dermatitis**

Juniper Australia recommends the following routine to get the best results for your skin type

### **Morning**

Cleanse, using Sensitive Cleansing Lotion as per instructions on the bottle

Tone, using Calming Rose-Otto Toner as per instructions on the bottle. Please note that for sensitive skin types it is very important to tone twice as this will assist in calming the skin reducing redness.

Apply Sensitive Rejuvenation Oil all over face and neck paying special attention to areas that are irritated or have veins.

Apply Sensitive Moisturising Lotion as per instructions on the bottle

- Please wait at least 10 minutes before applying any sunscreen

### **Evening**

Cleanse, using Sensitive Cleansing Lotion as per instructions on the bottle

Tone, using Calming Rose-Otto Toner as per instructions on the bottle. Please note that for sensitive skin types it is very important to tone twice as this will assist in calming the skin reducing redness.

Apply Sensitive Rejuvenation Oil all over face and neck paying special attention to areas that are irritated.

***Enjoy your products!***